



Pledge of Nonviolence for KIDS

I promise to try to do my very best to be a peace-making person.

I will try to respect myself by taking care of myself.

I will try to respect others by being a good listener.

I will try to think before I talk or act when I am really mad.

I will try to forgive people and not be bad-tempered if I think I'm right but still don't get my way.

I will try to take care of God's world.

I will try to choose games, movies and TV programs that are not filled with violent pictures and language.

I will try to speak up if I see ways that other people in my life could be practicing how to live nonviolence as well.

I will check myself on what I have pledged once a month for the next twelve months so that I will try to become a better and peaceful person.

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NAME